
Standards of Classical Homeopathy

2026

Preamble

In harmony with Nature, we help as many people as possible enjoy a long life in good health.

We believe that health is rarely lost all at once.

It is lost slowly — through overload, stress, dysregulation, disconnection from one's own body, through ignoring the subtle signals of the organism, and through years of focusing on extinguishing problems rather than building lasting balance. That is why the starting point of our thinking is not disease alone, but the person and the quality of their life across its entire arc — from daily functioning, through moments of crisis, to the later stages of life.

It is not only about living long.

It is about living well — for as long as possible.

With clarity of thought. With energy for what matters. With the ability to participate actively in the lives of loved ones. With a sense of agency, freedom, and dignity. This is how we understand the idea of healthspan — not as mere length of life, but as its quality, maintained as long as possible through wise, long-term choices and responsible support of health.

Within this broader landscape of care for health, classical homeopathy occupies an important yet properly understood place. It is one of the paths leading to a long life in good health. Not the only one. Not the exclusive one. But a valuable one — precisely because it sees the person as a whole and as an individual, without reducing them to a diagnosis, a symptom, or a momentary crisis. It pays attention to life history, patterns of response, the dynamics of the organism, emotional state, susceptibility to overload, capacity for regeneration, and inner balance. It seeks deep and lasting change, not merely temporary suppression of signals.

We believe that such an approach can meaningfully support a person in their pursuit of long-term health. At the same time, we acknowledge clearly that classical homeopathy does not replace conventional medicine. It complements it. In our understanding, it does not stand in opposition to modernity — it can draw from modernity responsibly, making use of diagnostics, health parameter monitoring, knowledge of prevention, and tools that support conscious self-care. We thus combine an individual and holistic view of the person with what contemporary knowledge, innovation, and technology contribute.

We also recognise that responsible practice of classical homeopathy may draw on the benefits of modern technologies, including digital tools and artificial intelligence, provided they serve the patient's wellbeing, support the quality of understanding their situation, organise information, facilitate education, the organisation of the process, and conscious decision-making — while not replacing personal responsibility, the relationship, experience, ethical judgement, or individual approach to the person. Technology should remain a supporting tool, not a substitute for mature and responsible practice.

We also observe that classical homeopathy, as a method of supporting balance and the individual response of the organism, applies not only to humans but also to animals and plants. In our understanding, this fits within a broader culture of care for life, wellbeing, and harmony with Nature — with respect for the individuality of each organism and responsibility for the environment of which we are all a part.

Contemporary reflection on healthy life shows clearly that the most serious threats to health — the so-called four horsemen of the apocalypse: cardiovascular disease, cancer, neurodegenerative conditions, and diabetes with metabolic disorders — develop over years, often for a long time without obvious symptoms. This is precisely why prevention, strengthening the organism's resilience, developing awareness, and supporting wise daily choices become so important. Classical homeopathy, practised maturely and responsibly, can be part of this broader care for human health.

Yet if classical homeopathy is to genuinely support people on the path to a long life in good health, it too must develop in a responsible, ethical, balanced, modern, and trustworthy manner.

Good intentions alone are not enough.

Appealing to tradition alone is not enough.

Individual practice left solely to private discretion is not enough.

Clear, mature, and credible frameworks are needed — frameworks that protect the patient's wellbeing, bring order to responsible practice, and strengthen trust in the entire community and in classical homeopathy itself. Standards are needed that help distinguish work based on honesty, diligence, humility, and respect from actions that are haphazard, chaotic, opaque, irresponsible, or exceed the boundaries of competence.

This is why we developed and implemented the Standards of Classical Homeopathy.

They arose from the need to protect the patient's wellbeing, from the need to build trust, and from the conviction that responsible practice requires not only empathy and commitment, but also order, principles, and maturity. They are an expression of care both for those who use classical homeopathy and for the homeopathic community itself — which, if it is to serve people over the long term, must also strengthen its own quality, responsibility, culture of practice, and professional ethos.

We regard these Standards not only as a set of principles describing responsible practice, but also as the foundation of a broader quality system in classical homeopathy. In the future, we wish them to serve as the basis for transparent processes of assessment, recommendation, and certification — encompassing both the therapeutic practice of classical homeopaths and the training, courses, mentoring, and educational materials that influence the way classical homeopathy is understood and practised. Our aim is not to create an artificial hierarchy, but to strengthen quality, responsibility, transparency, and trust throughout the entire community.

Justification for the Development of the Standards of Classical Homeopathy

The Standards of Classical Homeopathy were developed in response to a genuine need on the part of patients, homeopaths, and the entire community gathered around the idea of responsible, mature practice of classical homeopathy.

Growing interest in long-term health, prevention, and holistic approaches to human wellbeing means that more and more people seek a more individual, attentive, and deeply grounded approach to health — in the spirit of complementary Medicine 3.0. This concerns mature women and men who do not wish to wait for a crisis, as well as parents and families seeking natural, holistic solutions. It also concerns those who wish to deepen their understanding of classical homeopathy — not to replace specialists, but to more consciously accompany themselves and their loved ones in caring for health.

With this growing interest comes growing responsibility.

The greater the public trust, the greater the need for clarity, transparency, and a shared understanding of the quality of practice.

The patient has the right to know what to expect from a responsibly conducted process of classical homeopathy therapy. They have the right to trust, safety, and the sense of being cared for — to respect, honest communication, clear boundaries, and guidance based on the person's wellbeing rather than interpretive arbitrariness or unfounded promises.

The homeopath also needs frameworks — not to constrain a living and individual practice, but to ground it in responsibility, organise its foundations, co-create the highest standards, and strengthen its credibility. Without such frameworks, any community gradually blurs its own identity, its language of quality, and its criteria for responsible work.

The need to develop standards therefore arises from several fundamental premises:

Firstly, from the need to protect the patient's wellbeing. Classical homeopathy touches matters that are particularly sensitive: health, suffering, hope, trust, helplessness, and decisions that affect a person's life and those of their loved ones. In such a domain, there is no place for chaos, ambiguity, or exceeding the limits of competence.

Secondly, from the need to build and strengthen trust. Trust cannot rest on declarations alone. It must be grounded in named values, recognisable attitudes, and transparent frameworks of practice.

Thirdly, from the need to bring order to the community of classical homeopathy. If classical homeopathy is to mature as a responsible form of supporting health, it needs a shared language of ethics, quality, and good practice.

Fourthly, from the need to unite sensitivity with responsibility. A holistic and individual view of the person cannot mean arbitrariness. The more subtle and profound the work, the more it needs clear principles and standards.

Fifthly, from the need to situate classical homeopathy within the broader perspective of long-term health. If we speak of supporting people on the path to a long life in good health, we must simultaneously attend to the quality of the therapeutic process, the culture of practice, education, community, and wise support of daily habits.

Sixthly, from the need to lay the groundwork for a long-term quality system in classical homeopathy. If the community is to develop in a mature and trustworthy manner, it needs not only general declarations, but also clear criteria for assessing the quality of practice, education, and content. The Standards are intended to be the first step towards building such a system — one based on transparency, accountability, and clearly named requirements.

Why Did We Develop These Standards First?

We developed them first because we recognised that the patient's wellbeing, trust, and the maturity of the community should no longer wait for their name, form, and framework.

This does not stem from a belief in our own infallibility.

It does not stem from a need for dominance.

It does not stem from a desire to create an artificial authority.

It stems from responsibility.

Someone had to take the first step and name what, in mature practice, should be self-evident — but which for too long remained dispersed, unnamed, or dependent solely on the private understanding of individuals. If classical homeopathy is to be a genuine support for the person and a credible element of broader care for health, it needs not only practitioners, but also a culture of responsibility.

We did this first because we believe that:

- the wellbeing of the patient requires clear frameworks,
- public trust in classical homeopathy requires transparency,
- a mature community must be able to set standards for itself,
- and the future of classical homeopathy depends not only on its ideas, but also on the quality of its practice.

The first step does not close the conversation.

On the contrary — it opens it.

These Standards are not an expression of closure, but an invitation to build together a culture of practice grounded in honesty, empathy, respect, diligence, responsibility, and humility towards the limits of one's own competence.

We see these Standards not only as a document describing good practice, but also as the foundation for the further development of the community. In the future, we wish them to support the creation of transparent processes of assessment, recommendation, and certification — concerning both the practice of classical homeopaths and the quality of training, courses, and educational materials that influence the market of classical homeopathy.

The Place of the Standards Within the Broader Approach to Health

The Standards of Classical Homeopathy are part of a broader vision in which health is understood not merely as the absence of disease, but as the foundation of a good life — of relationships, work, freedom, calm, creativity, and presence with loved ones.

In this sense, the Standards are not solely a document regulating professional practice. They are also an expression of a particular culture of health — one in which:

- therapy is individual and long-term,
- education helps the person better understand themselves and their body,
- community strengthens rather than judges,
- daily habits become elements of a calm, conscious life, not a system of compulsion.

The Standards therefore fit within the four pillars of our approach: therapy, education, community, and support in daily habits. Their role is to give these pillars professional, ethical, and credible frameworks in the domain of classical homeopathy.

Two Pillars of the Standards of Classical Homeopathy

The Standards of Classical Homeopathy rest on two complementary pillars:

1. Code of Ethics of the Classical Homeopath

The Code of Ethics defines the attitude of the classical homeopath. It describes, among other things, values, responsibility, and the limits of work with the person. It indicates that the foundations of practice are: the patient's wellbeing, trust, respect for their dignity and autonomy, honesty in communication, humility towards the limits of one's own competence, responsibility for the therapeutic process, and readiness for continuous development and reflection on one's own practice.

2. Principles of Good Practice in Classical Homeopathy

The Principles of Good Practice define, among other things, the practical frameworks for responsible guidance of the patient. They encompass the organisation of the therapeutic process, communication, documentation of work, decision-making, the coexistence of homeopathic work with other forms of healthcare, and responding in situations requiring broader diagnostics, consultation, or other support. They also emphasise the necessity of solid substantive preparation, including the acquisition of knowledge, participation in courses and training in homeopathy, and the building of experience necessary to guide the patient in a responsible, safe manner consistent with the principles of good practice.

Both pillars are inseparable.

There is no good practice without ethics.

There is no ethics that does not find expression in practice.

Justification for the Adopted Structure of the Standards

The division of the Standards of Classical Homeopathy into two mutually complementary pillars — the Code of Ethics of the Classical Homeopath and the Principles of Good Practice in Classical Homeopathy — arises from the need to organise the subject matter in a clear, logical, and mature manner.

We recognised that responsible practice of classical homeopathy requires simultaneously two levels of description. The first concerns the attitude of the homeopath — their values, responsibility, the limits of work with the person, and the understanding of the patient's wellbeing. This level is described by the Code of Ethics, which indicates that the foundations of practice are, among other things: the patient's wellbeing, trust, respect for dignity and autonomy, honesty in communication, humility towards the limits of one's own competence, responsibility for the therapeutic process, and readiness for continuous development and reflection on one's own practice.

The second level concerns the practical expression of this attitude in everyday work. It is described by the Principles of Good Practice, which bring order to the organisation of the therapeutic process, communication, documentation of work, decision-making, the coexistence of homeopathic work with other forms of healthcare, and responding in situations requiring broader diagnostics, consultation, or other support. They also emphasise the necessity of solid substantive preparation, the acquisition of knowledge, participation in courses and training, and the building of experience ne-

cessary to guide the patient in a responsible, safe manner consistent with the principles of good practice.

This division avoids confusion. It means that in a single document we do not mix who the homeopath should be as a person and practitioner with how they should organise and conduct their work. The Code of Ethics gives practice its moral and professional foundation, while the Principles of Good Practice translate that foundation into concrete frameworks for action.

This is precisely why both pillars are inseparable. The Code of Ethics and the Principles of Good Practice do not constitute two separate orders, but two mutually complementary levels of the same responsible practice.

The adopted structure therefore serves not only to organise the documents, but above all to bring order to the practice of classical homeopathy itself. It creates a shared language of quality, responsibility, and trust, and at the same time constitutes a mature foundation for the further development of the community and future processes of assessment, recommendation, and certification.

Goals of the Standards of Classical Homeopathy

The goals of the Standards of Classical Homeopathy are:

- protection of the patient's wellbeing,
- strengthening trust in classical homeopathy,
- bringing order to responsible practice,
- supporting the professional maturity of homeopaths,
- building a shared language of quality and ethics,
- strengthening the entire community of classical homeopathy,
- laying the groundwork for a transparent system of assessment, recommendation, and certification of quality in the area of practice, education, and materials related to classical homeopathy,
- and ultimately — supporting people on the path to a long life in good health.

Values Underpinning the Standards

At the foundation of the Standards of Classical Homeopathy lie values that we regard as non-negotiable:

- the patient's wellbeing,
- respect for human dignity,
- trust,
- honesty,
- diligence,
- responsibility,
- empathy,
- humility towards the limits of one's own competence,
- maturity of practice,
- transparency of action,
- readiness for continuous development and learning.

These are the values that protect both the person seeking support and the very meaning of classical homeopathy as a method requiring sensitivity, attentiveness, and a high degree of responsibility.

The Standards of Classical Homeopathy were created out of a sense of responsibility towards the person, their health, their trust, and their long-term wellbeing.

Not to rigidify a living practice, but to give it frameworks worthy of a method that seeks to support people on the path to a long life in good health.

Developmental Direction of the Standards

We regard the Standards of Classical Homeopathy not only as a set of principles describing responsible practice, but also as the foundation of a broader quality system in classical homeopathy. In the future, we wish to develop on their basis transparent processes of assessment, recommendation, and certification based on clear criteria. These could encompass not only the manner in which classical homeopaths conduct therapy, but also training, courses, mentoring, educational programmes, and materials that genuinely influence the way classical homeopathy is understood and practised. Our aim is not to create an artificial hierarchy or a closed system of influence, but to support quality, transparency, responsibility, and trust throughout the entire community.

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